

How It Works

When your physician recommends Class IV laser therapy, your body is going to experience an immediate sense of pain relief, accellerated healing and decrease in inflammation.

### The Power of Class IV Laser Therapy

Class IV laser therapy utilizes an infra-red electro magnetic energy. It is extrmely safe and patients often feel a mild warming sensation.

When the laser light source is placed against your skin, photons penetrate several centimeters down and are absorbed by the mitochondria (the energy producing part of a cell).

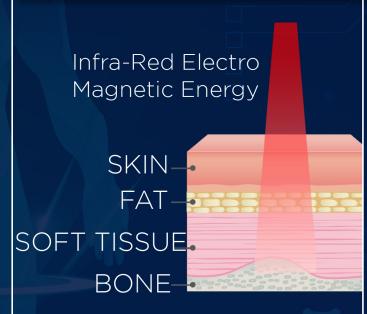
# The Importance Of Cell Regeneration

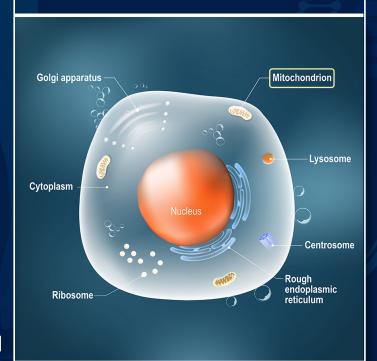
Simply put, healing is only possible with the regeneration of cellular energy.

Research shows tissues targeted by High Power Laser Therapy are stimulated to increase production of a cellular enzyme that is critical to the production of ATP (the currency of chemical energy in living cells)

This is the photo-chemical effect of High Power Laser Therapy.







Anatomy of a Cell



## Clinical Indications

**Arthritis** Bone spurs Plantar Fascitis Tennis Elbow Golfers Elbow **Rotator Cuff Strains** and Tears **DeQuervains Tenosynovitis TMJ** Herniated Discs Tendinosis& Tendinitis Enthesopathies Stress Fractures

Shin Splints Runners Knee Carpal Tunnel Ligament Tears Sciatica **Bunions** Hip Discomfort **Neck Ache Back Pain** Muscle Strains Joint Sprains **Achilles Tendinitis Nerve Conditions** Post-Surgery Healing



# Your Questions Answered

Class IV laser therapy is extremely safe and all that is usually felt is a mild warming sensation. Plus safety glasses and all safety considerations are in place before therapy starts.

Class IV laser therapy has hundreds of scientific tests, documents, and studies done. It is the most dependable and result producing of all therapies.

Since there is no ionizing radiation, the chances of ever producing a cancer is reduced to the absolute minimum.

Class IV laser is nearly 5x faster than Class III or cold laser. Plus, the results from Class IV laser only take a few minutes to get the maximum affect.

It is suggested, depending on the severity of the condition, that you be treated two – three times per week for a range of from four to six weeks for maximum recovery.

This is the beauty of Class IV laser. Many patients report results after the first visit. Of course everyone's condition varies, but results are often quickly felt.





Biologial Effects

### Accelerated Tissue Repair And Cell Growth

Cells of cartilage, bone, tendons, ligaments and muscles are repaired faster as a result of exposure to laser light.

#### Reduced Fibrous Tissue Formation

This point is paramount because fibrous (scar) tissue is less elastic, has poorer circulation, is more pain sensitive, weaker, and much more prone to re-injury and frequent exacerbation.

#### Anti-Inflammation

Laser light therapy has an anti-inflammatory effect reducing caused by biomechanical stress, trauma, overuse, or systemic conditions.

### Analgesia

Laser therapy suppresses nerve signals that transmit pain to the brain.

### Improved Vascular Activity

Laser light will significantly increase the formation of new capillaries in damaged tissue.

### Increased Metabolic Activity

Laser therapy creates higher outputs of specific enzymes.

### Improved Nerve Function

Laser therapy accelerates the process of nerve cell regeneration.

### Stimulates Trigger Points and Acupuncture Points

Laser therapy stimulates muscle trigger points, restoration of muscular tonus and balance.

